

Our lovely front covers are provided each month by Stan Venitt.

Our Magazine is printed by Rob and his Team from Barkers Print

in Dorking.



YOUR PHOTOS

Where have you been on your walks?

We would love to see you out on your walks! If you would like to send in your pictures to be considered for the Your Photos section of the magazine, please email them to capeleditor@gmail.com



Spotted the
vintage carriages
coming along
Vicarage Lane on a
damp 1st August
Ride
Ian Thoburn





St John the Baptist - Barry Evans

Welcome from the editor...

I always thought tea was going to taste like hot brown water...and do you know what? I was right! Ted Lasso

Welcome back to Issue 9! Who would have thought that we are 3/4 through the year. Lots has happened in August and there is a lot still to come in September.

August provided the magazine with some additional funds! We were able to fund raise a number of ways including The Crown selecting the magazine as their Charity of the Month with proceeds from the Quiz, Coffee Morning and Afternoon Teas being donated. Hampers were also raffled during The Capel Blues Festival - the total of all donations will be published next month.

What you think,
YOU BECOME.

What you feel,
YOU ATTRACT.

What you imagine
YOU CREATE.

-Buddha

As most of you know September paves way to the Capel Military Show - and I can't wait to see the Chinooks!! (they are a personal favourite!!) So get your dancing shoes on for the Mad Hatters Tea Party. I hope to see you all there!

Most of you will know that September marks a huge milestone for me - my wedding day! Due to Covid - this will be the third attempt - but hopefully - third time lucky!

I saw this quote and it really resonated with me! I feel that a negative mindset attracts bad energy and you make your own story. Therefore, we should look forward to the future and simply deal with life's curveballs as positively as we can.

This can be a struggle, but with the support of friends, family and our local community, we can work to help each other through these times.

Celebrating the small things is equally important - looking towards the future gives focus, but also reflecting on the past allows us to remember where we have come from and helps us to remember who we are .

As always keep reading and I will see you all soon Corinne xx









Word on the Street for August 2021.....

Well another month has passed by in the blink of an eye. What a fantastic evening was had by all who attended the No Years Eve Party. Big thanks to The Wright Band for their live music set and to DJ Phil for the disco after.

Was lovely to see all the WI Ladies enjoying their annual luncheon. It's always a pleasure hosting you.

The Capel Blues Festival was a lot of fun, and we hope to be able to hold it again next year. Bigger and better of course :)

September looks to be a busy month for Capel. Local clubs and organisations will be meeting up again after a long absence. Please do remember that some people will still be a little shy and wary about being out, so patience and kindness is the key for everyone.

Here at the Crown we are looking forward to The Military Show Weekend and being part of a unique experience. My Aunty Corinne is having her hen party there on the Saturday night. (What is a chinook?? I'm sure we will soon find out). She then gets married later in the month and I'm her heavenly bridesmaid.

Don't forget we have Taco Tuesday each week for your Mexican fix, and Ho's Chinese van on Wednesday and Sunday evenings for your Chinese needs.

The quiz is on the 14th, teams of four people to a table. Come along and join the fun.

Coffee morning in aid of Macmillan Cancer is on Wednesday the 8th, and the afternoon tea will be on Wednesday the 22nd. (Yes you can have prosecco hehehe).

Gin Club is on the 16th and will be a party affair to get ready for the big weekend.

Capel market will be in our carpark on Saturday the 11th and 25th this month. Be sure to pop down and see what our local businesses have on offer. 8.30-11.30am with the pub open for coffee and cake.

Just a heads up for late October as well. Supper Club will be back, and it will be Halloween themed, so get your costumes ready. (I was once a bumble bee).

So I'm off to make sure there is enough burgies in the fridge for dinner time. Us pups over the rainbow bridge need to keep our strength up for all the playtime fun we having.





Liz's Letter



September - a lovely month! I do like the Autumn and especially after the rather tricky summer we have been experiencing. I have spent quite a lot of time growing from seed some vegetables this year but I'm sorry to have to report that they have not borne much fruit. We dug in loads of potatoes and discovered just before we needed some dug up for our Sunday lunch, unbelievably underneath all that earlier growth and covering it up repeatedly, there were none there! Not one potato! Where had they gone to? I guess they just didn't form at all, so that was a bit of a disaster. Then my tomatoes appear to have suffered from too much rain and some are looking rather sickly. The courgettes grew into enormous marrows while we were on holiday and the broad beans covered in Black Fly deteriorated somewhat as well! Oh dear - well I think the pumpkins are still growing although there now seems to be one missing... But at least we live in a part of the world where we can easily get what we need from the shops. If our crops are ruined by rain or drought it's not really a disaster like it is in many other parts of the globe. Because for others a failure in their crops or a shortage of labourers (the Coronavirus Delta variant has affected many smaller villages in poorer countries) is truly a disaster. Climate change has contributed to the terrible earthquake and tropical storm in Haiti this August leaving many dead and bereaved, homeless and more poverty stricken than before. The charity Compassion UK who organises sponsorship of many vulnerable children in these countries have reported that ten of their sponsored children died in the earthquake along with several caregivers. Some of us in the village support children through Compassion and this news really brings it home as we pray that our sponsored child or children will be safe. So do join us for one of our Harvest Festivals this year or leave donations in the churches. There will be information published as to how to do this. In the meantime let us hope and pray that the United Nations Climate Change Conference of the Parties (COP26) in Glasgow in November really can achieve and accelerate plans to get what they call this 'runaway climate change' under control.

Closer to home and on a happier note I am sure we all want to wish our wonderful Editor Corinne and her husband to be, Michael, a wonderful wedding day this month and a very happy married life together forever! Corinne and Michael will also be ringing the bells following their service. This seems to be a bit of a theme this year! Also we have another lovely couple who like Corinne and Michael and so many other engaged couples have had to wait a long time for their special day; Ella and Tom who are marrying at St Margaret's this month. We wish them all God's blessings as they begin the adventure of married life together.

With my love and prayers.

Revd Liz
Vicar of St John the Baptist
Capel and St. Margaret's Church Ockley

CHURCH SERVICES AND EVENTS FOR THE PARISH OF CAPEL AND OCKLEY - SEPTEMBER

SATURDAY 4TH Memorial Service for Trevor King at 2pm (St Margaret's

Ockley)

SUNDAY 5TH TRINITY 14

9:30AM Matins at St Margaret's Ockley

10:30AM Family Communion at St John's Capel

2:00PM Teas at St Margaret's Church, Ockley (3pm - 5pm)

SATURDAY 11TH Cottage Concerts present Jacqui McShee in Concert

8:00PM St John the Baptist, Capel

SUNDAY 12TH TRINITY 15

9:30AM Matins at St Margaret's Ockley
10:30AM CAFE CHURCH at The Crown Capel

1:00pm Wedding of Ella & Tom at St Margaret's Ockley

SATURDAY 18TH

1:00PM Wedding of Corinne & Michael at St John the Baptist, Capel

SUNDAY 19TH TRINITY 16

9:30AM Morning Worship with Baptism at St Margaret's Ockley

10:30AM Family Communion at St John's Capel

SATURDAY 25TH Archbishop of Canterbury's Visit at Dorking Halls

11:30AM The Big Questions Event

Come and hear the Archbishop of Canterbury, speak about faith in this time of uncertainty answering questions with candour and humour at our own local Dorking Halls followed by lynch or a dripk at The Crown Canal with Poyd

followed by lunch or a drink at The Crown Capel with Revd Liz and others to chew over what we have heard! Contact Liz 01360 711260 or email liz@hostmyserver.co.uk for more

details.

SUNDAY 26TH TRINITY 17

9:30AM Harvest Festival at St Margaret's Ockley

10:30AM Morning Worship at St John's Capel

OCTOBER

SUNDAY 3RD TRINITY 18

9:30AM Matins at St Margaret's Ockley 10:30AM Harvest Festival at St John's Capel

See local details online on capelandockleychurch.org.uk or church notice board for Harvest lunch and teas.

BCP - service is from The Book of Common Prayer 1662

CW - service is from Common Worship 2005

COVID UPDATE

It is most likely that we shall still be observing social distancing inside our churches and advising that people continue to wear face masks as well as the other important precautions we will be putting into place as the Parochial Church Council discuss how to implement the latest government and Church of England advice.

FROM THE REGISTERS St John the Baptist Capel

In Memoriam

We mourn the loss of

David Howard 4th July 2021

Mary Teresa Clement 12th July 2021



CHARLOTTE BROADWOOD TRUST VACANCY

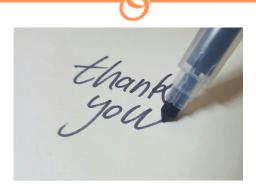
A ground floor flat, suitable for one (possibly two) resident/s, has become available, at Charlotte Broadwood House, Vicarage Lane, Capel, Surrey, RH5 5LL Elderly people, of limited means, who have resided in Ockley, Newdigate, Capel or the neighbourhood for not less than two years preceding the time of appointment, are eligible to apply.

A maintenance contribution is payable by the residents.

An application form may be obtained by calling Mrs Tina Baty on 01306 71154 or Mrs. Mandy Schryver on 01306 711292: Or email charlottebroadwoodrh5@gmail.com

The closing date for applications is 14 October 2021

Registered Charity No:234909



A BIG belated thank you to everyone who contributed to the Bag2School collection in June.

The total weight collected was 620kg which earned £186 for Holmwood and Capel Scout Group.

Many thanks to you all! George and Norman Ede



Your local Scout group hopes you are enjoying the summer break so far and keeping safe whilst we enjoy the new freedoms around us.

We have been thrilled to receive some new members to Beaver Scouts, especially as we had a few of our members swim up to Cubs and not only new Beavers' but also 2 new Young Leaders and a new Colony Assistant.

All of them have settled in straight away, are doing a fantastic job and are a huge asset to the 24th Family.

Cubs and Beavers have thoroughly enjoyed being back Face-2-Face. It was so lovely to see and hear (sometimes very loudly) all our young people once again, and before we knew it the summer break was upon us as we finished our sessions with awards and badges, gifts galore and fun days out.

Beavers finished the Term joining with Dorking 1 st Group, with a fantastic Safari Adventure day, which included Mask making, a Jungle hike (complete with Safari hats), Stories, Cooking, Camp Fires and Songs!

Cubs also had a very fun and tiring end of Term treat when they went to Southwater Lake to mess about in boats and swim and play and learn about Water Safety.

24th Scouts continued to be blended with Dorking 5 th Scouts for the last few months, meeting on Zoom and achieving many badges with the dedication of their Leader Vicky Barnett. They did a huge number of activities, all via Zoom and also had special guests from a range of professions, including Mountain Rescue and a Stunt Woman! The Scouts did get together again for their end of Term fun when they were lucky enough to have a week of daily fun at Bentley Copse. So many activities for them all to enjoy including Go-Carting, Frisbee Golf and Water-Knee Boarding. Come September Scouts will also be back Face-2-Face, bursting with energy and ready to take on new challenges together and earn those badges.

Enormous thanks to Vicky for her support to Dorking 24 th during the past few months. You have been invaluable to us and our Young People.

All Sections really made up for the lack of Face-2-Face Scouting by having an absolute blast with their end of Term adventures – their happiness has made us very happy!

You may recall from our last article our super exciting news that during May we were to finally have our new kitchen installed! Well, it was finished in record time and looks absolutely stunning. As yet it hasn't had much use, although the Cub group were able to christen it when outdoor cooking was re-located thanks to the rain, but we very much hope to be making full use of it once we return in September. Beth, Kelsey and Graham our Cub Pack Leaders are doing such a fantastic job with this section. They too have settled into their roles with ease and are an extremely valued part of 24th Dorking.

We are also always on the look-out for more volunteers for Leaders and Section Assistants, or to just come along and help out when you can as many hands make light work (plus it's an awful lot of fun!), so if you would like to give us a little of your time to 24 th Dorking, please contact Alexandra, Group Scout Leader. We would love to see you.

Finally, as always, we'd like to thank all our parents, carers, leaders, assistants, exec committee members and of course our young people. Without you and your enthusiasm, time and commitment we wouldn't be the vibrant, fun and important part of the community that we are.

Wishing you all an enjoyable and safe summer.

Nikki Hamann – Section Assistant 24 th Dorking (Holmwood and Capel)
Contact: Alexandra Fairbrother, GSL 24th Dorking T: 07384 451317
gsl24dorking@gmail.com





THE ARTS SOCIETY BETCHWORTH

OUR SEPTEMBER 2021 LECTURE AT HOME BY ZOOM FOR MEMBERS AND VISITORS A FASCINATING HOUR

If you are not a member do come as a visitor. Zooming is not complicated and we provide easy to follow instructions.

SEPTEMBER 20th 2.30 pm. PARADISE LOST: 400 Years of Garden Design in Oxfordshire. Presented by Timothy Walker.



The Oxford Botanic Garden was founded at the beginning of the 17th century and its design bears the hallmarks of 17th century design. In the next 400 years successive *HortiPraefecti* (head gardeners) changed the features reflecting the art of gardening, and very occasionally the science of botany.

This talk looks at how the art of gardening has changed, or perhaps has not, in four centuries in Oxfordshire and how the Oxford Botanic Garden now reflects garden design at the beginning of the 21st century. The title of the talk refers to the fact that one of the motivations for garden design remains the desire to create paradise on Earth.

Our lecturer. Timothy Walker, was formerly Director of the Oxford Botanic Gardens.

Join us on Monday, September 20th at 2.30 pm for this stimulating, illustrated lecture. It is free for members but do come as a visitor for £5.

Email Pat Frankland: pat_frankland@hotmail.com or ring 01737 842028

All you need is a PC, laptop or tablet, a comfy chair and your favourite tipple!

For all our events see our website

www.theartssocietybetchworth.org.uk

Capel WI



Hello from Capel WI who have survived these strangest of times and are just about to fully reopen with a 'Welcome Back to All our Friends' at The Crown on the 17th September. We have been meeting as safely as we can for coffee at Tanhouse and at The Crown on Tuesdays where Vanda has made us extremely welcome with tea, coffee and cake. We even had a few meetings on The Recreation Ground last summer and one of these included a 90th birthday celebration for one of our most loved members.

We have a visit to Canterbury planned for the 7th September. Margaret has worked extremely hard to make this possible and we are looking forward to a sunny day in Canterbury with our friends. You should note the word SUNNY!!!!! We are optimists too!!

Hopefully our Tuesday evening meetings can resume in September. We have a speaker organized who will talk to us about Magnetic Therapy and in October we are looking forward to 'Strictly Comes to Capel' when we hope to enjoy an evening of Jive, Lindy Hop and Swing. I rather think that several of us will be happy to join in -if we are permitted.

Sadly we did make the decision to cancel our jumble sale in October. We felt there were too many concerns about safety to ensure its success. However, do not fear. We have another planned for early March......

Our members have been immensely thoughtful, kind and generous towards each other. There has been immense support for those who have suffered loss, trauma or poor health in all its forms. Our friends have visited each other, phoned, shopped and driven those who have needed our help.

Tina has been kept busy with messages and cards for those who have needed that support. Viv has not forgotten anyone's birthday-including the 'special ones!' Leigh invited us to bake cakes and treats for the staff at East Surrey ICU. She had a contact there and consequently our group presented boxes of individually wrapped goodies on several occasions to them. We all felt that it was something we could do to support our NHS and our members created some delicious treats for them to enjoy.

We are a lively group who certainly do not knit lampshades or make rugs out of kitchen rolls. We do have a Knit and Natter Group where there is more of the natter than the knit. Bridge is organized too and some of our members join Steffi on her Walking For Health Group.

We are delighted to welcome several new members joining us this coming year and are thrilled some of our members are returning after a CV break.

New friends are always welcome.

My contact number is 07775340409 if you would like to learn more about Capel WI.

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CAPEL CHORAL SOCIETY: Singing together again!



With the fervent desire of Choir members to sing together in person once more, back in June Capel Choral held a series of successful outdoor rehearsals, albeit with the cover of an open- sided barn. It was marvellous to be able to sing together the various pieces which had been

learnt online by Zoom, during Lockdown, with singers in the solitude of their own homes. One of these pieces, Elgar's As torrents in summer the Choir sang together just as torrential rain hit Ockley!

Now, along with many other choirs and choral societies, with the lifting of COVID restrictions on the 19th July, Capel is delighted and relieved that it can now consider live, indoor, rehearsals once again. With fingers firmly crossed the Choir can therefore announce that its first rehearsal of the Autumn will be on Monday 6th September, in Capel Memorial Hall from 7.45pm. With an eye on the 2022 Leith Hill Musical Festival next April, the Choir will be embarking on learning the set music, along with music for a Christmas concert. The planned date for the concert is Saturday 27th November and will be held in St Mary's Church, The Causeway, Horsham; Capel will be singing alongside the Horsham based choir, Horsham Harmony which Capel's Conductor also conducts.

The Choir is also planning to hold its popular Carols & Cakes event in Capel Parish Church, on Sunday 5th December. Look out for details of events on the Choir's website www.capelchoralsociety.com .

Look out for details of LHMF events on the Leith Hill website www.lhmf.org , which include a 'Come & Sing' in October featuring Verdi's Requiem, as they become confirmed. As one of the two remaining founding choirs of the LHMF, Capel Choral Society is determined to maintain its unbroken record of participation in the Leith Hill Festival, and the Choir will warmly welcome any aspiring singers who wish to join them on the 6th of September.

Please contact the Secretary, Rosemary Goddard, for more information about the Choir: rosemary@stylehurstfarm.com , or telephone 01306 711259.

Ian Moir



Capel Badminton Club

If you would like to play friendly, mixed doubles badminton, join us in the Capel Memorial Hall on Thursday evenings 7.30 - 9.30.

For more details call Ann Crawford on 01306 631833



Toxic Chemical Free Skincare and why it matters! Oh, and who wants to come to a Pamper Party?

Our skin is our biggest organ and can absorb an array of natural elements such as essential oils. However, our skin can also absorb chemicals and compounds via the skin that can have a potentially negative effect on our hormone health. Hormones are chemical messengers that travel round our bodies delivering vital information to keep us in balance chemically and emotionally. The problem is however, that our world is full of hormone disruptors which can have knock on effects to our overall wellbeing. Hormone disrupters are synthetic chemicals and compounds that hinder the bodies hormone system, also known as the endocrine system, effecting the glands where they are produced, and the pathways they are designed to travel. These glands include things like the pineal gland in the head, the thyroid, pancreas, and reproductive organs, and many more.

Hormone disruptors themselves can be found in many different places, and interfere with the excretion of natural hormones in the body. These can then potentially impact health issues around fertility, immune function and the brain and nervous system. They can be hidden in things like our laundry detergents, suncream, cosmetics, plastic water bottles, shampoo's and body lotions, and home cleaning products, to name a few. No need to fear though, a few tweaks here and there could help you start to live more toxic chemical free, and I am here to help.

I was trained as a Health Coach at the College of Naturopathic medicine in London and learnt a lot about the impact that toxic chemicals can have on our overall wellbeing, and after I graduated I decided to become an ambassador for Tropic Skincare. TROPIC offers an alternative to products that contain hormone disrupting chemicals which come in the form of things like parabens and other synthetic toxic chemicals. Parabens are preservative agents used in many personal care items, but because TROPIC products are made fresh, and with the purpose of a short shelf life (once you try some you'll know why) at a facility in Surrey I might add, it cuts out the need to add any hormone disrupting compounds that could be absorbed into the skin. The founder of TROPIC, Susie, says, "As my grandmother taught me, don't put anything on your skin that you wouldn't eat", and the advice has been invaluable. All of the TROPIC skincare, haircare, make-up, baby and mens products are free of toxic chemicals, are organic, vegan and 100% natural. They are also just pretty delicious!

So, gather some friends and join Health Coach Sally for her second wellbeing event at The Crown Pub, Capel on Thursday 9th September at 7.30pm. Tickets are £7 and can be purchased directly from the pub or by emailing sallycranham@gmail.com Tickets include a glass of bubbles and snacks plus a short talk, an introduction to TROPIC products and a chance to try them out on the night!

For information about Health more Coach Sally please visit www.healthcoachsally.com or find her on Instagram and Facebook @healthcoachsally

Capel Horticultural Society



As we all keep our fingers crossed for an Indian Summer, it would take a brave person to predict the weather patterns this month. Here's hoping for some sunshine to help us enjoy our gardens as autumn approaches.

Schools might be back but it's not too late to take part in our Summer Activity Challenge. If you do not already have a copy of the challenge, simply head to the website to download. We hope primary age children and parents will have fun getting out and about, discovering and doing, finding and making and we look forward to seeing the resulting entries on Saturday 18th September. There is a prize for every child that enters and the overall winner receives a family ticket to visit the British Wildlife Centre at Lingfield.

On Tuesday 30 November we shall be hosting a talk from Angela & Department of the National Garden Scheme Past & Present" The O'Connells will give us an insight to the history of the NGS and illustrate some gardens that open in our area. Whilst entry will be free there will be the opportunity to make a charitable donation, the beneficiaries being nursing and health charities such as Macmillan and Marie Curie. Do please mark your diaries. 7.15 for 7.30pm.

Next month please look out for details of our autumn Pumpkin Pageant and an evening of making Festive Willow Decorations in early December. More details will be posted on our website by the end of September. www.capelhorticulturalsociety.org.uk



Jane Major



DORKING MUSEUM IN SEPTEMBER

The team at Dorking Museum has been pleased to see restrictions gradually easing and (at the time of writing) a cautious return to a more normal life. Museum Chairman, Kathy Atherton, was pleased to announce, "We have been happy to welcome back our visitors, supporters and volunteers and appreciate the restrictions and hardships that they may have had to put up with during these difficult times. It is hard to get back

to a freer life, and we recognise that many are still cautious in returning to venues like the Museum. So, to say a big thank you to everyone, we are pleased to offer our visitors free entry to the Museum while we all get all back to normal."

'Darking 1620': The Museum's new special exhibition, postponed from 2020 but now opening on September 9th, celebrates the 400th anniversary of the sailing of The Mayflower with passenger William Mullins and his family. West Street shoemaker Mullins himself died just three months after landing but his daughter Priscilla survived, married the Mayflower's cooper, John Alden, and is revered in the US as a founder of the nation.



The exhibition focuses on life in Dorking during the period in which Mullins and his fellow pilgrims lived in the town and how this changed when they reached the colony. In 1620, Dorking – known as 'Darking' – was a relatively modest market town with around 1400 inhabitants, a long day's walk south of London. It was the market town for the surrounding villages and farms, holding regular markets and well provided with shops, mills and inns.



Special exhibition features include displays of locally found 17 th century shoes and replicas made by local saddler Julia Forsyth of the kinds of tools that Mullins would have used in his trade, along with male and female costumes of the period and dressing up clothes for children, created by volunteers Jackie Rance and Penny Tompkins. The Dorking Men's Shed have also been hard at work making a magnificent cross-section model of the Mauflower and its fittings and contents.

Please note that the Museum will be closed to visitors on the afternoon of September 9th for the presentation of The Queen's Award for Voluntary Service to the Museum team by the Lord- Lieutenant of Surrey, Michael More-Molyneux.

Caves Tours: A visit to Dorking's famous 17th century South Street Caves is one you will not forget. Tours with our knowledgeable guides last 45 minutes. Open day is on Saturday September 25th, with tours at 10am, 11am, 1pm and 2pm. Details and booking through dorkingmuseum.org.uk/south-street-caves/. Tours are also bookable by appointment for any group or organisation, family or friends – email caves@dorkingmuseum.org.uk to arrange a date.

Walking in Dorking: The Museum offers a popular programme of guided walks in the town and surrounds – join a scheduled walk or organise a group walk with family or friends at a time to suit you. A Hidden Dorking walk – see Dorking as you have never seen it before – is on Sunday 5th September, 2pm. Walk lasts 90 minutes, starting from the Museum in West Street, £4 per head.



A selection of free guided walks is offered for Heritage Open Days. Sunday 12th September: Mayflower 400 (Dorking in the time of William Mullins) and Betchworth Castle (including access to the Castle enclosure). Sunday 19th September: Hidden Dorking, Betchworth Castle and the Deepdene Trail (including access to the Hope Mausoleum). Walks start at 2pm and last 90 minutes. Details and booking: dorkingmuseum.org.uk/heritage-open-days-2021.



Can you help? The Museum is run entirely by volunteers. Join our friendly team. We are looking for extra Visitor Assistants to meet, greet and help our visitors – no experience necessary, training provided, a few hours a month. Or for those with some experience, we are looking for a Visitor Assistant / Recruitment Manager to recruit and coordinate Visitor Assistants and an Events Coordinator to organise Museum events and fund-raising opportunities – both roles part-time and voluntary. See dorkingmuseum.org.uk/about/volunteer-opportunities/

The Museum is at 62 West Street, Dorking RH4 1BS. Thursday, Friday, Saturday 10am-4pm. Visit

www.dorkingmuseum.org.uk. Enquiries to admin@dorkingmuseum.org.uk or phone 01306 876591.

David Burton

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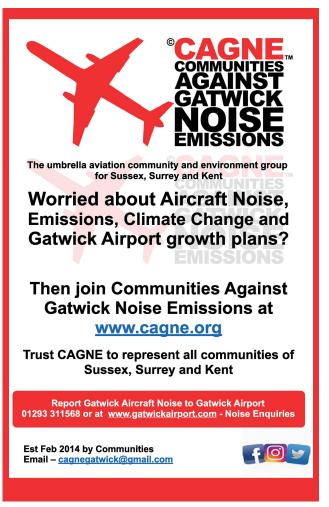
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What's on in Capel?



Welcome to a new section in the Capel & Beare Green Parish Magazine. Each month we will publicise events that will be happening in and around our lovely parish!

If you have an event you could like to be advertised (costs may apply), please email capeleditor@gmail.com for further information.

- Saturday 4th September & Sunday 5th September- The Capel Military Show
- Friday 3rd September to Sunday 5th September Alford Rock and Blues Festival
- Tuesday 7th September Flix in the Sticks Love Sarah
- Saturday 11th September Capel Market @ The Crown Capel -8:30am - 11:30am
- Saturday 11th September Cottage Concerts present Jacqui McShee in Concert St John the Baptist 8pm
- Tuesday 14th September Dine & Bingo Capel Cricket Club
- Tuesday 14th September Pub Quiz @ The Crown Capel
- Thursday 16th September Gin Club @ The Crown Capel 6:30pm
- Saturday 25th September Capel Market @ The Crown Capel 8:30am
 11:30am



 Summer Activities Treasure Hunt - 18th September (see page 12 for more information)







THE SEASON OF MELLOW FRUITFULNESS (With apologies to John Keats – To Autumn)

We've reached the time of the year when there is an abundance of fruit both in the garden and the hedgerows. If you don't have fruit trees of your own, many people in the village will have excess fruit at their garden gate. If picking your own blackberries please make sure to use fruit that is not too near the road as it may be contaminated by petrol fumes (or passing dogs!).

Stewed Apples:

Serves 4/6 - Vegetarian/Vegan - Gluten Free

Ingredients:

6 Bramley or other cooking apple variety such as Grenadier or Lord Derby 1 Cinnamon stick

2 Cardamon pods, split

150g Caster sugar

Method:

- 1 Peel, core and chop the apples. Put them in a large saucepan with the cinnamon, cardamon and 100g of the sugar. You can always add more sugar later if not sweet enough.
- 2 Cook gently until soft but not a complete puree about 10mins. Taste and add more sugar if necessary.
- 3 Remove the cardamon and cinnamon before serving either warm or cold.

Cook's Notes:

I know that this may seem a very simple. old-fashioned recipe but it's one worth reviving. Delicious with cream (of any sort), ice cream or custard and wonderful with your breakfast cereal. Freezes well in batches for later.



Spiced Pickled Pears/Crab Apples: Makes two 680g jars - Vegetarian/Vegan

Ingredients:

300ml of cider or white wine vinegar 400g granulated sugar 25g of fresh root ginger peeled and bruised 1 small cinnamon stick 1tsp allspice berries1tsp cloves1k of small, firm pears or crab apples

Method:

1 Put the vinegar, sugar, ginger, cloves, cinnamon and allspice berries into a large pan over a low heat. Stir until the sugar has dissolved then bring to the boil. Turn down the heat to a simmer.

2 Meanwhile, if using the pears start peeling them, keeping them whole with the stalks attached. For the crab apples, keep them whole with the stalk attached and prick the skins all over with a large needle to stop them bursting.

3 Add the prepared fruit to the hot, spiced vinegar and simmer very gently until the fruit is tender but not too soft. The crab apples should still hold their shape.

4 Remove the fruit with a slotted spoon and pack them into the warm, sterilised jars.

5 Bring the vinegar syrup to the boil and boil for 5 minutes then strain the liquid over the fruit. Cover the jars with vinegar-proof lids and keep for at least a month before using. Eat within a year.

Cook's Notes:

These a very good served with cold meats or as part of a cheese board or ploughman's.



Blackberry Whisky:

Even if you don't like blackberries or whisky once this liquor has matured it tastes rather like a good port!

Ingredients: (No weights here, only volumes.)

Blackberries - should be dry

Sugar - either granulated or caster

Whisky - any inexpensive whisky is good. This is not the time to use a single malt!

Method:

1 Fill a Kilner jar 2/3rds full with blackberries then sprinkle sugar over them until it covers the bottom half of the fruit.

2 Top the jar up with whisky, close the lid and gently shake.

3 Store in a dark, cool cupboard and shake once a day until the sugar has dissolved.

4 After 6 months (!) decant the infused whisky into a bottle and store for at least one year to mature.

Cook's Notes:

DON'T throw away the sweet, whisky-soaked blackberries as they are delicious. Try adding them to an apple pie or crumble or put them on your porridge for breakfast.

Fruit and veg in season now:

Beans; courgettes; chestnut mushrooms; spinach; artichoke; aubergine.

Apples; pears; blackberries; plums; figs.

Judy Cranham

SEPTEMBER 2021 - CAPEL PARISH MAGAZINE MESSAGE FROM YOUR DISTRICT COUNCILLOR - MARY HUGGINS

I was delighted to hand over the chain of office in May to Mole Valley's new Chairman, Councillor Chris Hunt. It was a wonderful two years (although rather less busy during the second!) and I feel very privileged to have had this opportunity to represent Mole Valley District Council on so many and varied occasions, both in the District and more widely in Surrey, and to meet so many people, all doing so much for our communities.



I'm very pleased to say that decision making Council meetings are now being held in person. Zoom meetings are all very well, but to meet together is definitely better!

And, now we are out and about a bit more, some of you will be using the trains more. If you are not already aware, you may be interested in the consultation by South Western Railway on proposed timetable changes which may impact on Mole Valley. You may like to go to www.southwesternrailway.com to complete the consultation document.

The most important matter for many years which Mole Valley is about to publish is the draft Local Plan which will set planning policy for many years. Many of you took part in the public consultation which happened a couple of years ago. The draft to go forward is on the Agenda for an Extraordinary Council Meeting on 15th September, followed immediately after that by the Cabinet Meeting. The agenda will be published on Mole Valley's website on 7th September and I urge you to look at this on www.molevalley.gov.uk. All councillors can put their views forward at the Council Meeting, but we each have only three minutes to speak. If you have any views which you would like me to know, please get in touch – and I will do my very best.

And a plug for the 25th Anniversary Arts Alive Festival, now in advanced stages of planning for October with something for everyone. The launch will be in Dorking on Saturday 25th September from 10am – 1pm and I can promise you a feast of fun and entertainment. And, finally, as ever I am at the end of the phone or email if there is anything with which you think I may be able to help.

Mary Huggins Councillor for Capel, Leigh and Newdigate Ward 01306 712303/07711369569 councillor.huggins@molevalley.gov.uk



Dine & Bingo



Dine & Bingo is back starting on 14th September and every second Tuesday of the month thereafter at the Capel Memorial Hall. £10 per head for a two course meal, 10 games, a snowball game and of course our raffle, some prizes of which are circulating the village still!

All profits raised will go to the Cricket Club for new nets. Helpers and/or washer uppers and raffle prizes would be most gratefully received. (contact Fran Broad on 07949489853 or Anthony Birch on 07841 373198)

Doors open 6.30pm. Eyes down for first game 7.00pm. Break for meal at approx 8.15pm.

All guidelines regarding Covid will be fully adhered to.

No need to book, we look forward to seeing you all again.



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A Capel Cricketer.





I am writing this as the very proud grandmother of Alice Capsey who has suddenly become rather well known for her cricketing prowess.

This summer Alice has been playing for the Oval Invincibles team in cricket's inaugural 100 ball competition which has been aired on Sky TV and BBC2. Alice, at 16 is the youngest player in the tournament and had the auspicious honour of opening the batting at the Oval cricket ground in the first match of the competition. However, it was her second match against London Spirit, the team led by the England captain, Heather Knight, where Alice really made her mark. Again, opening the batting, Alice scored an impressive 59 off 41 balls making her the youngest player to score half a century at Lords across both the women's and men's game. She continued to show her skills with the ball at their next match at Headingly where she bowled 20 balls for 9 runs and 2 wickets.

The 100 Tournament consists of 8 regions each running a men's and women's team who compete against each other playing double headers at many of the major cricket grounds in the country. Each team comprises 3 overseas International players, England International players then the remainder being selected in a ballot. This has given all the players a wealth of experience to learn from and play competitively at the highest level of the game. Alice has been extremely lucky to play under the captainship of Dane Van Nierkerk, South Africa's captain, along with Shabnim Ishmail, the current fastest female bowler in the world .This has been an immense privilege for Alice, giving her the opportunity to train and play with cricketers at this level.

Alice has always loved sport and particularly ball games and when she was younger, was passionate about both tennis and cricket, and played at both Capel clubs and enjoyed her time there. She joined the Surrey County Age Group system at under 10. By 14, Alice made her debut against Hampshire for the Surrey Women taking three wickets and was also selected onto the England Women's Academy where she took part in a tour to India for 3 weeks. Whilst working hard at school for her GCSEs she had to juggle travelling up and down the M1 every other weekend to Loughborough for training.

I must say here that Alice has been supported throughout all this by her parents, Bridget and Mike Capsey, and been driven thousands of miles and will continue to do so until she passes her test! It is her family (she is the youngest of five brothers and sisters) that have been behind her all the way and we shall all still be here for her!



Flix is back 7th September



At long last we can plan to show films at the Village Hall having been unable to do so since November 2020. The first in our monthly shows will be the film "Love, Sarah". Originally released last year it stars Celia Imrie, Candice Brown and Shannon Tarbet. It is a romcom about a young woman who wants to fulfil her mother's dream of opening her own bakery in Notting Hill. To do this she enlists the help of friends and her Granny.

As before the doors open at 7.30pm for the show to start at 8 o'clock. Admission is on the door on a first come, first served basis. Tickets are £5 per person, preferably paid by card but we will try to have a cash payment alternative if there is a problem for anyone.

We want to keep everyone safe so we advise wearing a face covering and to keep socially distanced but this is purely advisory. For the time being we will not be offering refreshments, as in the past, but it is hoped that we will be able to restore this as soon as it is considered to be safe. There will be an intermission about half way through, as we had in the past. You can bring your own refreshment if you would like to do so. We plan to show the following films in the future; in October it is 'Nomadland', November will be 'Supernova' and in December 'The Father'. We look forward to seeing everyone again.





CAPEL CAMERA CLUB



The letter chosen was 'Q' for last month's images and was amazing what the members came up with. Peter Horwell was our winner with titles 'Quercus Robur' and 'Quills and Quavers'.

Other titles were Quails, Quay, Quest ale, Quince, Quinoa and Quills. We usually meet on Wednesday evenings through the winter in the local village hall and apart from competitions we have talks and lectures and fun. We hope that we shall soon be back in the hall again soon.

If you would like any information on joining the club look at our web site.

www.capelcameraclub.org.uk or phone our chairman Mrs Liz Woodham

01306 711003

ALFOLD ROCK and BLUES FESTIVAL



<u>Springbok Estate, Alfold, Sep 3-5</u>

Live music returns to the Springbok Estate in Alfold, former home of the hugely popular and much missed Rudgwick Festival.

Alfold Rock & Blues, originally planned for 2020 before the pandemic hit, will at last take place in September, featuring a host of legendary names from the world of British rock, blues and rock & roll, including the likes of John Coghlan's Quo, Stray, Ken Pustelnik's Groundhogs, Martin Turner ex Wishbone Ash, Ten Years After frontman Marcus Bonfanti, Doctor Feelgood, The Nashville Teens, Jackie Lynton, former Argent frontman John Verity, rising young stars When Rivers Meet, and a host of others.

The festival has camping & glamping available, and parking is free. As well as three days of great music, festival goers can enjoy a range of great festival food, and excellent bar and the usual festival fayre of craft and music stalls. It is billed as a "Ukulele-friendly" festival, with the well known group Ukejam performing in the campsite before and after the main event. If you can play, bring your Uke along and join in!





Tickets and full details are available via the website at www.alfoldrockblues.com , and as a 'thank you' for their magnificent work throughout this pandemic, weekend tickets are half-price to all NHS staff.

The organisers have limited ticket numbers to 50% capacity to ensure there is plenty of room for social distancing and Covid related safety.



My Life as a Chimney Sweep David Parker



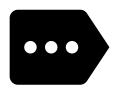
Part 5

A cold February morning at Hascombe, I arrived at the property to find a car on the drive and the dog came round the corner of the house barking like mad. On ringing the bell, I had no answer, I tried two more times to no avail. The dog got fed up barking at me and went back round the corner. Thinking the customer might be in the garden I also went round the corner. I found a window wide open so leaned in to call to find out if there was anyone in. Imagine my surprise to find this was the bathroom of the annexe, in the shower was an eighteen-year-old girl. It is not the thought of the girl that gets to me but the shiver I get when thinking about the window being open. As I am sure most readers will understand, as you step from the warm shower you always notice the change in temperature so imagine that on a cold windy morning with the window wide open. The awkward thing for the girl was that she was left in charge so had to get dressed and let me in to sweep the chimney.

Cautionary tales

There are many cautionary tales to be found in the previous episodes about safety, problems and unwanted guests. I have a many more where they came from.

I had a call just before Christmas last year, this was just for a normal sweep at the time. The wood burner had been installed for two years and the chimney had not been swept so I made a booking for the first opportunity which was the 15th of January. Between Christmas and New Year, I had another call from the customer to say the job was somewhat more urgent as the fire was smoking now. So, with an earlier booking I arrived to sort out the chimney, removing the throat plate from the burner I had a large quantity of soot to get rid of before I put a brush up the chimney. Once I started sweeping, I had vast amounts of soot coming down. Thinking that the customer had obviously been using the burner a lot and considering it was two years this might explain things. It was only when the lady of the house told me that her husband burns all manner of things on the stove that I realised this would account for the state of the chimney, he was in the habit of burning plastic bottles, kitchen scraps and various rubbish.



This article will be split across several issues - please keep a look out for part 6!



Despite the noticeably shorter days and the turning of the leaves, September often brings more clement weather than August. It is as though the sunny days wait for the kids to return to school. However, now the sun hits my back as I weed rather than beating down upon my head, I make the most of every last minute of warmth in the garden as I know the crisp autumn days could arrive at any moment.

- sow hardy annuals for next year. They will be bigger and stronger, and flower earlier than those sown in spring.
- plant out biennials.
- divide and replant congested perennials.
- keep deadheading summer baskets and pots, and continue to feed
- prune climbing and rambling roses after they have finished flowering. Remove and burn fallen leaves to prevent the spread of disease.
- bring tender perennials inside before the first frosts.
- start planting spring bulbs. Small bulbs such as crocus and snowdrops can be planted in lawns. Plant up pots of bulbs for spring interest.
- plant out wallflowers. Pinch out the tips to encourage bushier growth.
- remove any crops that have finished and clear the ground. Bare patches of soil will benefit from a sowing of green manure over the winter.
- peas and beans should be cut to ground level, leaving the roots which will provide nitrogen back to the soil.
- sow broad beans, Swiss chard, winter spinach and spring cabbage.
- onions, shallots and garlic can be planted.
- direct sow rocket as it doesn't mind the cold weather.
- pot up strawberry runners for healthy new plants next year.
- cut back summer raspberry canes
- start pruning fruit trees once the fruit has been picked.
- it is now the perfect time for new lawns to be created, or bare patches repaired. Either use seed suited to your needs or a good quality turf.
- meadows can be given a final cut before winter. Rake up the cuttings after a few days.

Plants can be very expensive from nurseries and garden centres so I take cuttings of some of my favourites now. Penstemon, Lavender, Salvia, Hebe, Fuchsia and Pelargonium all root very easily. Nothing gives more satisfaction than watching the roots appear and producing your very own plants absolutely free!

Sally Griffin









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St John the Baptist invites you to...





September 2021

"In the name of the father"

Someone I knew died this week. I didn't know him well (we only spent a few days together) but his story made a real impact on me. It spoke loud and clear of how important it is to have a father you can know, love and trust as you make your way through life, particularly in those vital formative years before you move into adulthood.

He was happy to share his history with me and spoke without any sense of malice in his words - just resignation and sadness. It turned out that his father had left his mother while John (not his real name) was a toddler. He didn't meet his father again until he was 16 years of age. The problems with drink, drugs and aggression that had prompted his parent's separation had only hardened in the intervening years. John struggled to build any sort of relationship with the man who had been absent during his childhood and eventually discovered that the only way he could make any connection with him was to enter into the same lifestyle. So, alcohol led to drugs led to addiction but led to acceptance in his father's eyes. John then spent many years working for his father ensuring, no doubt, that both his father's career and his addictions were kept successfully under control. When John's father died, he discovered that despite giving twenty or so years of his life to working for him and desperately seeking approval and affirmation, his father had completely cut him out of his will. There was no provision for John. He was abandoned again by the father he thought he had come to know. And maybe the hardest thing of all for John to deal with was that his father was an internationally acclaimed artist adored and loved by countless thousands of people who all but worshipped him. John died this week. He was just 46 years old.

I'm a father. Many of you reading this will be fathers. Whether you are or not we have all had fathers. Our relationship with our father will have indelibly marked our lives - for better or worse. My role as a father will have had a lifelong influence on my children - for better or worse! My sons are now both fathers themselves and will face many of the same challenges in raising their children as I did. How they react, how they

speak, how they behave in good times and bad will mark the lives of their kids - for better or worse. What a challenge it is to be a father. What a joy but what an awesome responsibility.

The most famous prayer in the world starts with the words, "Our Father". They were spoken by Jesus to his heavenly father. Was there ever such story of love, trust, devotion and security as that of Jesus, God's son, and his father? A relationship of love and trust that even death could not break. Quite the reverse, in fact! The resurrection of Jesus after his death on the cross displays the ultimate power of God's grace, mercy and love, not only for His son but for all people everywhere. So, I feel an overwhelming sadness this week for John. From our brief conversations it was clear that he could not believe in a heavenly father of love that he could trust without fear of rejection. He never came to know the reality of the verse in 1 John chapter 4 which says, "This is love, not that we loved God, but that He first loved us......." My prayer is that John now finds himself with God's loving arm gently around him; that he has found, at last, everything that he craved from his own father and that he can finally rest in peace.

Bob Cranham

(Café Church meets at The Crown, Capel on Sunday Sept 12th at 10.30am when Bob Cranham will be leading the service. Free coffee & croissants, a band, possibly some poetry, definitely lots of laughter and, hopefully, plenty to think about!)









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September is filled with: Gin Club, Pub Quiz, Capel Markets and much much more! Make sure to follow us on social media & sign up to our newsletter to avoid missing out!

October is just around the corner and you will all be pleased to know that Supper Clubs are back!! October's Supper Club is back with a bite - as it's a Halloween Special! Can't wait to see all of your costumes.



Ho's Asian Kitchen Wednesdays and Sundays outside The Crown 5pm - 9pm



The Crown Capel



Puppy Kisses
Gladys Cooper Bullydog
Angel

