



CAPEL & BEARE GREEN PARISH MAGAZINE

A COMMUNITY MAGAZINE MADE FOR YOU!

MARCH 2021
DELIVERED FREE TO EVERY HOME

Our lovely front covers are provided each month by Stan Venitt.



YOUR PHOTOS

Where have you been
on your walks?

We would love to see you out on your walks! If you would like to send in your pictures to be considered for the Your Photos section of the magazine, please email them to capeleditor@gmail.com



***The water feature in Bob & Judy's garden.
Bob & Judy Cranham***



***Capel's one and only daffodil!
Gladys Cooper!***



***It's baring cold here!
Lisa Glenwright***

Welcome from the editor...

"You are the sky...everything else is just the weather"

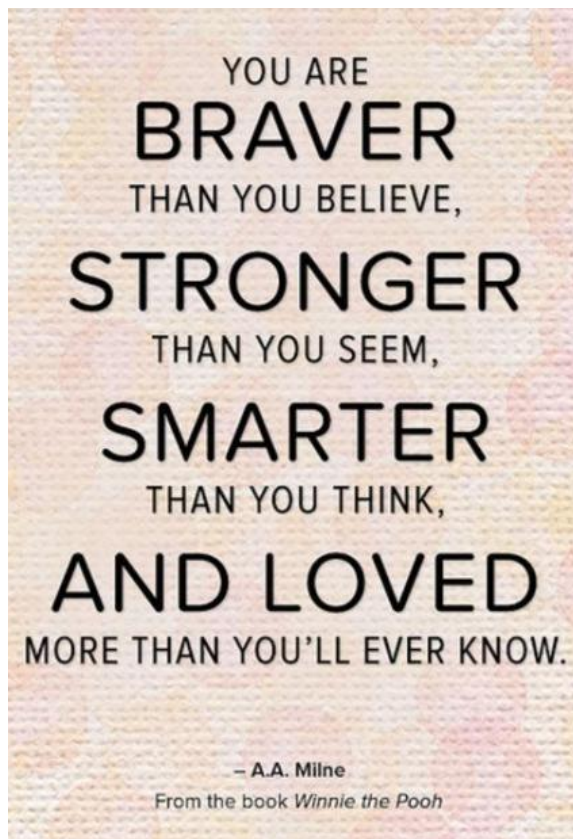
Welcome to Issue 3!

Once again, we have another amazing cover picture...thanks Stan!

The days are getting longer and the evenings are lighter and soon we will be able to spend time with our loved ones, see our friends and go to the pub!

We will look back on these moments in years to come and think, how ever did we survive and cope! just remember how resilient you have been!

AA Milne had a wonderful quote in Winnie the Pooh, so I'll attach it below for you to read



They say a tree never knows how strong it is until it faces a storm.

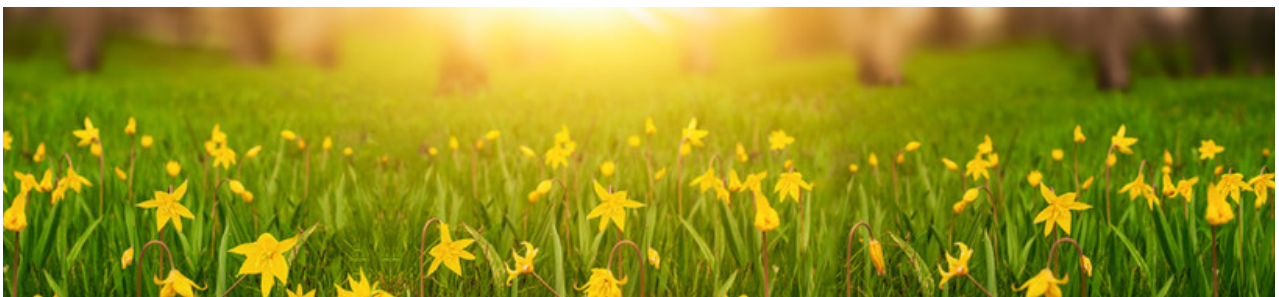
I know it has been such an awful time, but the rain is clearing the rainbows are coming and sun is destined to shine!

So keep smiling because things can only get better!

So I will leave you to enjoy magazine #3 and as always I would love to hear from you. Let me know what you think - all feedback welcome!

And...as always if you would like to have something in the magazine, drop me an email capeleditor@gmail.com

See you next month
Corinne x





Word on the Street for February 2021.....

Well that's now the shortest month behind us, and hopefully we shall start to see some nice Spring weather soon.

Big thanks to all those involved with our weekly quiz. February we managed to raise over £150 for Bullydog Rescue and Rehoming. Our March charity is Christian Aid, if you would like to know more about this please contact Dineke van den Bogerd who has been helping to organise it. Feel free to join in our Tuesday night zoom quiz, where there is lots of fun and laughter. Check out our Facebook events page for the link to join.

What's on this month you ask? St David's Day on 1st March means Daffodils (and possibly leeks) are out, a sure sign spring is here. Mothering Sunday is the 14th March. Why not treat the lady in your life to a lovely roast dinner, if you get it from us not much washing up for you or the children to do 😊. Watch our event page for the special menu we will put together or check out the back page. You can't get through March without celebrating St Patrick's Day on the 17th. I'm sure it will be a slightly more subdued event this year, however our cookie will do a special lunch/dinner for you to takeaway. Very similar to our Burns night supper. Gin Club is on Thursday the 18th. Wonder what the craft club will send us this month. Last month we made Aussie flavoured cosmopoligins. (The cranberries were soaked in alcohol as well hehehehe).

This month we will also be doing a DIY Supper Club on Thursday the 25th. We will zoom to your kitchen with a demo of how to cook this months tasty dish. Pick up your ingredients from the pub and then cook along with us.

If you haven't had a chance to see what is in Donna's Deli, then pop in between 12-2pm on our open days (Wednesday, Friday, Saturday and Sunday). Or you can send us a message to see if we are in the bar. Very tasty homemade dinners (and desserts) for you to purchase.

Also this month my hooman sister is due to give birth to a baby girl. We are all very excited, and can't wait to meet her. Hope you are all keeping well and staying safe. Best wishes to all those getting their jabs this month. I'm sure we will be able to see you all again soon.

Puppy Kisses
Gladys Cooper Bullydog
and the Crown Team xox



Getting Involved with Rights of Way

The parish would welcome some volunteer footpath wardens in the area. This seems like a nice idea for those who want to get involved with our local countryside. Some of you may already be registered.

Information can be found at:

<https://www.surreycc.gov.uk/land-planning-and-development/countryside/footpaths-byways-and-bridleways/rights-of-way/get-involved>

This will be resumed once Covid Restrictions are lifted.

Capel Parish Clerk

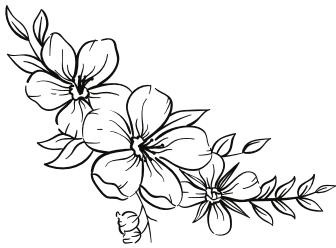
Rainfall on Aldhurst Farm, Capel from 2020



January : 96mm	July : 42.5mm
February : 174mm	August : 72mm
March: 58mm	September : 36mm
April : 51.5mm	October : 216.5mm
May : 8mm	November : 82.5mm
June : 68mm	December : 154mm

Total : 1059mm / 41.69 inches

John Dale



Liz's Letter



So, how are you getting on? We are reaching the point where some restrictions will be lifted with the good news that infection numbers are going down along with deaths from the virus. That as well as the excellent news that the numbers are going up rapidly of those who have been vaccinated. It's been a hard old month hasn't it with all sorts of weather thrown at us for good measure. With the weather in mind I was amused to see that there is now such a thing as Muddy Church! We have had Messy Church, Cafe Church, but now there is Muddy Church too. Very appropriate for those of us who have been sliding about in mud on country walks with or without dogs I thought. Anyway, Muddy Church is all about taking church outside, helping people to connect with their environment and those around them and basically enjoying creation, nature and being together. Just what we like doing in Capel and Ockley isn't it?! If only we could be connecting a bit more I hear you say and is this not just another churchy thing? Well Muddy Church is not just for Church goers but offers a space where everyone can come together regardless of age, friends can meet up, those alone can walk with others and people are invited to share their questions and lives. It is based around the idea that everyone brings something and offers places for listening and sharing, acceptance and wondering and its about being open to the idea that God is present in all our lives and in all creation. This of course fits in very well with our Lent Course 'Creation Matters' which is currently happening on Monday evenings at 7pm. Do contact us if you would like to join via zoom. Each session can stand alone so do as much or as little as you like. We are also hoping to record the sessions so you can watch later at your convenience.

You can find out more about Muddy Church on www.muddychurch.co.uk and there are lots of lovely resources to find there. There are a couple I really like; one is called 40 moments which links with the season of Lent encouraging us to take some time to enjoy doing all sorts of things from jumping in puddles (!) to clearing out clutter or making a bird feeder. So if I see people jumping in puddles especially those of us who are old enough to be vaccinated I will know you are joining in! The other one which looks really good is called '40 Bags' which involves each day giving a bag to bless someone or fill a bag to recycle. It can be a bag of any size, a bag of sweets or fruit to share with someone or a bag for recycling.

I think all of these ideas can be done keeping to current restrictions on socialising and exercise. Let us know how you get on?

Finally Muddy Church is doing something called 'Heart Bombing' which is all about love. Yes I know we have already had Valentine's Day but love is not just about one day a year is it? This year above all we all need to know love and be loved. We can do that in lots of different ways and our communities are brilliant at this already but to keep us going a bit longer through the lockdown we could do an extra something to show someone they are loved. Muddy Church suggests putting hearts on windows, making hearts which can hang on trees and all sorts. Can you think of some ideas in which we can show people love and spread the love around our neighbourhood?!

Well by the time you are reading this we will hopefully have been given a 'roadmap' by the government as to how and when restrictions will be lifted. Once more I am sure we are all so grateful for our local businesses and health services for keeping us going in so many ways throughout this pandemic apart from the massive sacrifices that they and all front line NHS staff have given in order to help and serve others. This Lent we have another opportunity to draw closer to God and you will find inside church lots of things to help you. You will of course find first and foremost peace and quiet in our ancient places of worship whose sacred walls resound with the prayers of many over hundreds of years. Do pop in and just sit or stand and let this amazing space just sink in... If you would like a bit of reading material or ideas for reflection there are free booklets produced by the Church of England called 'LIVELENT - God's Story, Our Story'. There are also some Lent bags too while stocks last which include the above booklet, another booklet about Easter and a couple of little treats! The thing is as I always say Lent is not about necessarily giving things up or denying ourselves but it is more about finding ourselves. We can do that through spending time inside or outside which brings us back full circle to what Muddy Church promotes, drawing closer to God in so many different ways. As Jesus entered the wilderness for those 40 days, he did not go alone but he went with his heavenly Father and was waited on by angels. I pray during these 40 days before Easter that you may also be attended by angels and that you will, despite whatever challenges you are facing at the moment, know the healing presence of God the Father and know that you are deeply loved by Him!

With my love and prayers as always

Liz

Revd Liz
Vicar of St John the Baptist
Capel and St. Margaret's Church Ockley

Church services and events for the Parish of Capel and Ockley.

We are hoping to be able to meet together in church very soon with a provisional date of Sunday 21st March but currently our churches remain closed for Sunday worship. They are however, open for private prayer and reflection. St John the Baptist is open each day during daylight hours and St Margaret's Ockley is open at weekends only. Please watch out for notices via the church noticeboards, our parish website, facebook and other social media for up to date information. In the meantime please do join us in worship online at capelandockleychurch.org.uk to access the weekly Sunday Worship service led by Reverend Liz. If you would like to receive the weekly notes and notice sheets for our churches please let Revd Liz know on liz@hostmyserver.co.uk or 01306 711260 and we will arrange for you to receive these by email or paper copy by delivery to you.

For your information our usual pattern of services is as below in any month.

St John the Baptist Capel

First, third and fourth Sundays at 10.30am - Family Communion - CW
Second Sunday at 10.30am - Cafe Church at The Crown

St Margaret's Ockley.

First and Third Sundays at 9.30am - BCP Matins 1662
Second Sunday at 9.30am - Family Communion -CW
Fourth Sunday at 9.30am - Morning Worship - CW

BCP - Book of Common Prayer 1662
CW - Common Worship 2005

To discuss baptism, weddings, funerals and other occasional offices please contact: Revd Liz Richardson, The Vicarage, High Lea, 54 The Street, Capel, RH5 5LE 01306 711260 or 07837408239 or email liz@hostmyserver.co.uk

Revd Liz also holds Dorking Foodbank vouchers and so please contact her if you need help in this way.

Lent Course CREATION MATTERS

6 sessions focusing on how we can better care for God's creation.
A mix of bible studies and practical reflections on the way we live and how we think

Begins Monday 22nd February at 7pm via Zoom
If you would like to join any of the sessions please contact Liz
liz@hostmyserver.co.uk 01306 711260 or text 07837408239
All welcome - we need to learn from each other

FROM THE REGISTERS

Capel and Ockley

We mourn the loss of

Ronald James Backhouse
27th January 2021

May he rest in peace and rise in glory



Ian Rankin - In memoriam



The Rankin family would like to thank everyone in and around Capel for their kind words and support to Barbara, Duncan and Heather after Ian's passing, at the grand age of 90, in December.

Ian and Barbara moved to Capel with their young family in 1971 and soon became familiar faces in the village. Ian was a talented and innovative engineer, instrumental in the early development of space satellites and aerospace technology. When he wasn't working or beavering away in his home workshop, Ian enjoyed mountaineering (with a particular passion for Scotland), photography, bellringing, classical music and fine food (courtesy of Barbara) and wine.

Ian will be fondly remembered by many in the village from his years as Secretary of Capel's Horticultural Society, where he helped to organise events such as the Annual Flower Show. He also spent time as the Bell Captain at St John the Baptist Church, where he used his engineering expertise to help maintain Capel's historical ring of six bells.

As a result of the COVID-19 pandemic, Ian's family held a small funeral ceremony at Randall's Park Crematorium on 19 th January. It is hoped that once safety can be assured for all and restrictions are lifted, a proper memorial can be held in the village for everyone to celebrate Ian's long and happy life.



THE ARTS SOCIETY BETCHWORTH

OUR MARCH 2021 LECTURE AT HOME BY ZOOM FOR
MEMBERS AND VISITORS

AN ABSORBING HOUR

If you are not a member do come as a visitor. Zooming is not complicated and we provide easy to follow instructions.

MONDAY 15th March at 2.30 pm.

What's in a Crack? A closer look at the paintings of Stanhope Forbes RA and the Newlyn School Painters

Working solely from her own research and conservation records, conservator Sarah Cove will reveal the secrets of the painters' methods as viewed under the microscope and will ask as many questions as she answers. Problems with deterioration in the original materials will be discussed as well



as comments on the cleaning, conservation and varnishing of these works. The lecture is illustrated with unique close-up macro-photos and the use of scientific methods such as x-radiography and infra-red reflectography.

Sarah is lecturing to us again by popular demand! She is a conservator and technical art historian and has appeared on BBC's Fake or Fortune programme. Sarah now lives in Cornwall.

Join us on Monday, March 15th at 2.30pm for this absorbing, illustrated lecture. It is free for members but do come as a visitor for £5.

Email Pat Frankland: pat_frankland@hotmail.com or ring 01737 842028 All you need is a PC, laptop or tablet, a comfy chair and your favourite tipple!

See our website at

www.theartsocietybetchworth.org.uk

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March 2021

Trust me, I'm a



I don't think that I can remember a time when I've been expected to exercise so much trust. Trust in politicians; trust in scientists; trust in vaccines; trust in others to do the right thing. This is made all the more challenging when I read the dictionary definition of the word trust. It says it's "a firm belief in the reliability, truth, or ability of someone or something." Interesting! I don't know about you but being able to hold a "firm belief in the reliability, truth or ability" of politicians (of any party) is like asking me to believe that unicorns are real or that Arsenal will win the league this year! (Sorry if there are any Arsenal fans in the village.....) And what about scientists? Well, they don't have an unblemished record when it comes to the reliability of their discoveries. Take Lord Kelvin who, in 1862 calculated that the Earth was up to 400 million years old. Soon after he revised his theory and decided it was only up to 40 million years old. Scientists tell us that they now "know" that the Earth is 4.5 billion years of age. Looks like they're leaving themselves a pretty big margin of error there! Vaccines have not always been reliable and as for trusting other people to "do the right thing" - well.....

Yet we find ourselves forced by the current pandemic into a situation where we have no choice but to trust the science, the leaders, the vaccines and the rest of the population. We are presented with a choice that appears to be no choice at all.

Had we been able to run Café Church this month then the topic for our Conversation Corner would have been trust. We would have sat together and had an open forum where anyone could have shared their thoughts on what trust looks and feels like to them at the moment. We almost certainly would not have come to any firm conclusions but we would, hopefully, have been encouraged by the fact that we are not alone in having deep questions surrounding the whole issue of trust in the current situation.

We might also have reflected on the fact that those of us who attend both Café Church and the regular services in St. John's do so because of a faith that has its foundation in a deep and certain trust. We have looked at God, at Jesus and at the bible and trusted that what we see and read has the ring of truth about it. And in uncertain times we look to a God who we believe existed before the Earth was formed - however long ago the scientists might guess that that is! A God who has proved himself to be trustworthy since the dawn of creation. A God that reminds us in Proverbs 3 that we should, "Trust in the Lord with all your heart and lean not on your own understanding." So, we pray for the politicians who have the unenviable task of leading our country through the ever- changing nature of the pandemic; we pray for the skill and understanding of the scientists; we pray that the vaccines will be safe and effective and we pray for all those around us that we will be of one mind in seeking to control and defeat the virus for the benefit of all. And finally, we pray, trusting the words of Romans 15 v.13, "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Bob Cranham



(Once current restrictions are lifted, Café Church meets at The Crown, Capel on the 2nd Sunday of the month. 10:30 am for coffee, croissants, a band, poetry, conversation, laughter and a thought for the day in a relaxed and welcoming environment.)

Capel Horticultural Society



Some good news! This month the clocks go forward and, if last year was anything to go by, we should be spending more time in our gardens enjoying all the glorious signs of springtime.

Whilst 2021 continues to present its challenges, the Horticultural Society still plans on maintaining an active role in our community. Sadly, there will be no Quiz Night or Spring Show this year but we would love to see as many of you as possible help us out with our Spring Socially Distanced Litter Pick. Congregate in the village hall car park at 10.00 on Saturday 6 March. As usual, dress according to the weather and bring gloves. Sacks and litter-pickers will be provided. We are usually finished by 12 noon.

Whilst a decision has yet to be made as to the viability of staging Capel Show in August, the Allotment Competition will go ahead. After consulting with allotment holders, it was agreed to judge across two weekends: 17/18 April and 24/25 July. This year there will also be three classes: newcomers, partial allotment and full-size allotment. Good luck to all participants.

Our Plant Sale is scheduled to take place on **Saturday 8 May commencing at 10.00** (usually all sold out by mid-day). We plan to set up on Capel Recreation Ground rather than in the village hall. There will be a great selection of bedding, herbaceous, fruit and vegetable plants. Do please mark your diaries.

Finally, in past years the Society have planted the cheerful daffodils along the verges throughout the village. Last autumn the Parish Council kindly funded the purchase of crocus bulbs - we very much hope you have enjoyed the display on the green opposite the Old Forge Surgery.

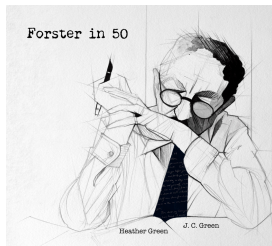
Jane Major



DORKING MUSEUM IN MARCH

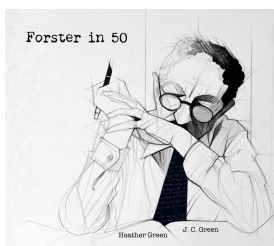


The welcoming in of Spring is always a time of optimism and hope, never more so than this year. It is still uncertain at the time of writing what life will be like in March, but the team at Dorking Museum is eagerly awaiting the opportunity to welcome visitors once again. Great care has been taken to ensure that, when the time is right, activities can resume safely whilst continuing to offer an appropriate visitor experience. Please check with the Museum website, social media or local media.



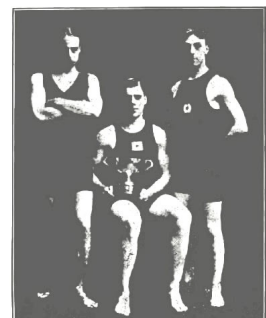
EM Forster: One of the events awaiting re-opening is an exhibition to commemorate the 50 th anniversary of the death of Howard's End author E.M. Forster, who spent more than 20 years of his life at West Hackhurst, in Abinger Hammer. The exhibition explores his local activities and associates and the impact of the area on his novels. Meanwhile, the Museum has turned to alternative media to fill the gap.

Film: Principal elements of the Forster@50 exhibition have now been made into a short film, available on YouTube and the Museum website. The 15-minute film, put together with film-maker Kaitlyn Fedrick, is narrated by exhibitions manager Kathy Atherton and can be found at <https://dorkingmuseum.org.uk/forster50/>.



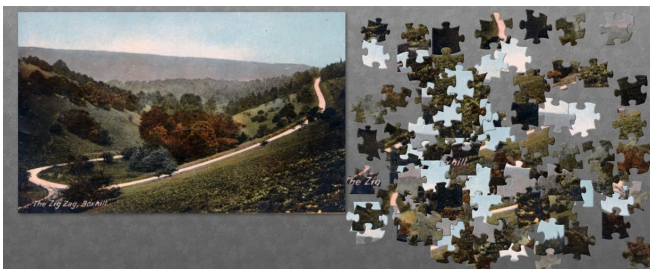
Book: The Museum's publishing arm, The Cockerel Press, has launched a fascinating and creative new short book, 'Forster in 50', by the team of Heather and Jonny Green. The particular - and unique - lockdown challenge that Heather set herself was to retell each of Forster's five classic novels in only 50 words. She was helped in this by being locked down with her husband, illustrator Jonny Green, and the stories are extensively and imaginatively illustrated. 'Forster in 50' is available from Dorking Museum and bookshops, £4, and online through the Museum's website.

WW1 Online: With the emphasis turning more to online content, the Museum's First World War project has now been uploaded in its entirety to our website: <https://dorkingmuseum.org.uk/ww1-centenary/>. The five exhibitions that were held from 2014 to 2018 are all available to visit online, along with supporting material and additional research produced by our volunteers.



The WW1 War Memorial project now has a profile for every person on the memorials within our environs. Project manager Erica Chambers updates, “When we started, these men and women were simply names carved onto on a memorial, but now they have a real presence. And it continues to grow – it will never be ‘finished’ as we are sent information from families who have found their relatives on our website, or a snippet from a local paper with one of our soldiers playing in a tennis tournament or suchlike. “We recently digitised the records of Dorking Swimming Club and found the results of the Half Mile Challenge Cup, a race that ran ‘from the sluice Gates of Castle Mill to within eight yards of Boxhill Bridge and back to the Bathing House’, which was won three times by Herbert Stokes. In 1912, he was rewarded for his efforts with a silver cup and a case of teaspoons. Herbert was killed in action in France in 1918 aged 29 (<https://dorkingmuseum.org.uk/2nd-lieutenant-herbert-george-stokes/>)

“The Museum was also contacted by the Imperial War Museum, who are currently “Mapping The Centenary” – creating an interactive map of WW1 projects undertaken by organisations up and down the country (<https://www.iwm.org.uk/partnerships/mapping-the-centenary>). As our project is already online, it was easy to add our work to this national partnership. We wonder where our next project will take us...”



Lockdown Activities: You can also visit the Museum’s website for some Lockdown Activities. (<https://dorkingmuseum.org.uk/lockdown-activities/>). At home, these include a selection of daily digital jigsaws using photographs and paintings from around Dorking, and ‘Loo Roll Racers’, a family game for up to six people made using recyclable materials and recognising the Dorking-based Rob Walker Racing Team. Outdoors, with the Museum’s programme of guided walks currently on hold, the website also has three self-guided walks taken from the archive – a Ralph Vaughan Williams Dorking Trail and two Dorking Town Trails (<https://dorkingmuseum.org.uk/selfguidedwalks/>).

The Museum is at 62 West Street, Dorking RH4 1BS. Please check the website for re-opening, www.dorkingmuseum.org.uk.

Enquiries to admin@dorkingmuseum.org.uk

David Burton



Capel Choral Zooms!

About this time last year Capel Choral Society was well into rehearsing the set music for the annual Leith Hill Musical Festival which was scheduled for the April. Two 'Combined' rehearsals with the other choirs with whom we would be singing Mozart's Mass in C minor in the Dorking Halls, had gone well under the direction of Festival Conductor Jonathan Willcocks.

We'd all heard about this mysterious virus which had appeared in far-off China, and which had apparently also turned up on a cruise ship in Japan - Spain and Italy had cases as well. There had been ominous mention of one or two cases in the UK, but these things come and go, and it wouldn't affect our daily lives and activities, would it?

Capel Choral held what turned out to be its last 'live' rehearsal on Monday 9th March 2020 and we said our farewells at 9.45pm, fully expecting to meet again the following week. How wrong we were! - later that week the first Lockdown was imposed, the world we knew came to a halt, and the words Coronavirus and COVID-19 started appearing in the news and on everyone's lips. As well as being 'confined to barracks', the fact became known that the droplets expelled during breathing, talking - and singing in particular, were responsible for spreading the potentially fatal virus. This at a stroke brought to a halt all forms of communal singing, and the immediate impact on local choirs was the (initial) postponement of the Leith Hill Festival, with plans for a much-revised Festival in the September - things would be back to normal by then, wouldn't they? Of course, they weren't; the 2020 Festival was duly cancelled completely, with April 2021 being touted as the next one, and the prospect of choral singing any time soon rapidly slipped away, as much more serious concerns began to dominate our lives.

Capel Choral Society is one of the two remaining founding members of the Leith Hill Musical Festival, having been formed in October 1904, and is proud to have sung in almost all Festivals since 1905. It is a small choir in comparison with others in the Festival; we field about 25 singers while others enter at least twice this number. However in the 2019 Festival Competitions, despite our small size, we won the Men's, Ladies', Part Song and Open Classes, and also came second in the Madrigal!. Without being able to meet to sing together, keeping this successful choir engaged and its vocal cords exercised could have been a problem.

In late spring 2020 the word 'Zoom' started appearing on our computers, and this turned out to be an Application which allows visual meetings between large numbers of participants to take place. As the choir committee had the foresight to discuss the way forward during the

pandemic, a meeting by the Zoom medium was proposed. Committee members duly downloaded the relevant 'app' - with varying degrees of success (I hadn't even ventured into 'Skype') - and a meeting was held in late July. Various teething problems were encountered - some had trouble with maintaining the internet link, and others had to work out how to turn on 'Video', and to 'mute' and 'unmute'. New computers were bought by one or two as a result. However, the meeting was sufficiently successful for a similar meeting of the whole choir using Zoom being proposed.

The first Capel Choral Zoom meeting was held on the 3rd August, as a mainly social get together, and a dozen or so members 'attended', including conductor Stuart Longley; it was heart-warming to see each other again and share Lockdown experiences. Stuart produced some short pieces of music to share onscreen, and so we were able to experience singing together for the first time since early March, (albeit with individuals necessarily muted due to the electronic time lag inherent in the Zoom system). Stuart was able to play synthetic instructional performances to guide our singing, and due to his hours of practice and the learning curve he is on, he was able to highlight individual parts to aid note learning -and to give us 'our note' on his keyboard!

Zoom rehearsals have now become a regular Monday evening event. Stuart has gradually added more music for us to tackle - before Christmas this included the well-known Vivaldi Gloria, and choruses from Handel's Messiah. They were chosen with a view to giving a public concert including these works, if and when suitable relaxations in the pandemic restrictions allowed.

Before Christmas the Leith Hill Festival organisation also got in on the act, holding a Carol 'Zoomfest' in December, hosted by the Festival conductor - about 160 singers took part, and sang a number of favourite Christmas Carols.

'Zoom' singing takes some getting used to - on one hand the singer is trying to follow the beat of the synthetic performance of the piece, at the same time being very aware of your own voice and not those of surrounding singers. It does have one big advantage however - being able to make mistakes without fear of disturbing fellow singers, or receiving a meaningful glance from the conductor! It also means that one doesn't have to rouse oneself from a comfy armchair on a cold wet evening and travel to the rehearsal venue - and if away from home participation is still possible!

With the arrival of the New Year and tragically a seemingly unstoppable third wave of the pandemic, the Festival choirs came to the sad collective decision that it would not be possible to hold a 2021 Festival, since choirs would not be able to rehearse the music. The next Leith Hill Festival will

will therefore not be held until April 2022, the first time since WW2 that the Festival has not been held – however even during wartime a choir was formed from available singers, and concerts given.

As a result, Capel has continued to choose its own music to rehearse, as opposed to the set works for the Festival. At the suggestion of conductor Stuart, the Choir has been learning the Requiem by Gabriel Fauré, with a view to a concert performance when the situation allows.

The number of singers taking part in Zoom rehearsals has gradually grown, some joining from neighbouring Beare Green & Newdigate Choral Society, and some former Capel singers have returned. Any others who would like to join us will be very welcome.

The Leith Hill Festival is also keeping singers engaged by holding some talks by Zoom, one by Festival Conductor Jonathan Willcocks on the J S Bach St Matthew Passion (with some opportunity to sing along with recordings), and one by the LHMF President (and former conductor) Brian Kay.

Hopefully these efforts by choirs and Festival by means of Zoom will stand us in good stead when we are once again able to gather together in the ‘physical world’ and take part in one of the most enjoyable and satisfying leisure activities that is choral singing.

If you would like to know more about Capel Choral Society or join in our
Zoom

sessions, please contact the Secretary, Rosemary Goddard,
Email: rosemary@stylehurstfarm.com , or telephone 01306 711259

Ian Moir



Park for Free After Three Dorking Initiative

The Park for Free After Three Dorking initiative will be relaunched as soon as all non-essential shops in the town can reopen, and will run for two months.

The Dorking Town Partnership-funded initiative allows free parking every Friday from 3pm in St Martin’s Walk, Wathen Road, Southside and West Street car parks.

The scheme, which was first launched in October 2020, was due to run until 29 January 2021, but was paused when Mole Valley entered Tier Four restrictions on 20 December 2020.

More details about the Park For Free After Three initiative will be published when a re-launch date is confirmed.

Terracycle in the Community.

We want your bread bags, pet food and baby food pouches



The recycling opportunities in Capel have been expanded to include pet food pouches, baby food pouches and bread bags. The lovely Vanda at The Crown, who already collects crisp packets, ink cartridges and coats has put the new collection bins right at the front of the pub to make it easy to drop off your recyclables.

For every 5kg we collect we will receive points that can be redeemed into financial donations for Scott-Broadwood infant school.



Any brand of bread loaf bag



Any brand of wet pet food pouches, flexible plastic packaging and pouches and dry pet food flexible plastic packaging



Any brand of baby food pouches, kids yogurt pouches, pouch and caps



Please make sure you wash the pouches out before delivering them and leave the lids on



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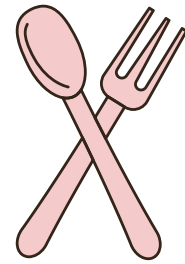
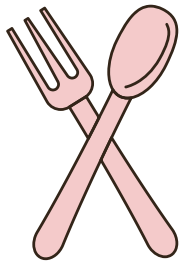
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March 2021

Pancakes are not just for Shrove Tuesday!
We all love a pancake - sugar & lemon or jam - but these recipes for savoury pancakes can be enjoyed at any time of the year.

Bubble & Squeak Pancakes.

Ingredients:

150gm potatoes, boiled and mashed.

150gm Savoy cabbage, finely shredded and cooked.

50gm Leek or onion, finely sliced and cooked until soft in a little oil or butter.

Bicarbonate of Soda, large pinch.

2 large eggs.

284ml carton of Buttermilk made up to 300ml with milk.

Olive Oil.

Salt & Pepper.

Optional - Chilli Flakes.

Serves 4. Makes a generous 8 - 10 pancakes. Vegetarian.

Method.

1. Mix the flour and the bicarbonate of Soda together.

2. In a large bowl beat the buttermilk and eggs together with 1 tbsp of olive oil.

3. Add the flour, 2 generous pinches of salt, a good grind of pepper and, if using, the optional chilli flakes. Finally add the cooked vegetables and mix well.

4. Set aside to rest for moment.

5. Heat 1 tbsp. of olive oil in a frying pan over a medium heat. When hot add 1 tbsp of mixture for each pancake. They don't spread much.

6. Cook until a few bubbles appear on the surface of the pancake and then carefully turn it over. It should be a nice golden brown.

7. Keep the pancakes warm in a low oven until all the mixture is used up. Wonderful for breakfast with poached or fried eggs or make more of them with sausages or grilled Halloumi and oven roasted tomatoes.

Green Pancakes.

Not really a true pancake ~ more of a fritter. Very quick and easy. You can change the greens depending on what's seasonal or what you have in the fridge. All that's important is that the greens cook quickly.

Ingredients:

About 350gm of greens. Shredded spinach, savoy cabbage, spring greens or grated

courgettes. You can mix any of these together if you wish.

4 Tbsp soft crumbly cheese. Feta, Goat or, for a little more bite, Stilton.

25gm grated Parmesan or Pecorino cheese.

A small clove of garlic, peeled and finely chopped.

A few sprigs of herbs, e.g., parsley, chives or basil roughly chopped.

Grated zest of a lemon.

5 eggs.

Olive oil.

Serves 4. Makes 12. Vegetarian.

Method.

1. Put all the vegetables in a large bowl. Add the cheeses, garlic, herbs, lemon zest and a

good pinch of salt and pepper.

2. Lightly beat the eggs and add to the mixture. Mix everything together.

3. Heat a large frying pan on a medium heat and add a generous "glug" of oil.

4. When hot, place tablespoons of the mixture into the pan and press down to form little

pancakes. Fry for 3-4 mins, then carefully flip them over and fry on the other side until

cooked.

5, Keep warm in a low oven until all the mixture is used up.



Fruit and Vegetables in season now.

Spring cabbage, purple sprouting broccoli, kale, celeriac. rhubarb, pineapple and blood oranges.

New Discovery: PUL BIBER - mild chilli pepper

Just like hearing a new piece of music that opens up a whole new world of enjoyment, new ingredients are just as exciting. I like the warmth and flavour of chilli bit not an overwhelming fierce heat. Pul Biber is a Turkish condiment of salted and oiled flakes of dried red peppers with a mild, fruity, warming flavour. Try it sprinkled on fried, poached or scrambled eggs; on avocado on toast or added to cooking for a little extra "zing".

DELICIOUS. (Available from Waitrose.)

Judy Cranham



As I sit here writing this in February wearing a thick fleece and two pairs of socks I find myself wishing the month away.

March is such an exciting time outside. Longer days, new growth appearing everywhere and birdsong filling the air.

The snowdrops have been and gone and have been replaced with primroses, early daffodils, muscari, pulmonaria and hellebores.

The extra warmth this month means that it's the perfect time to sow seeds.

- if you haven't sown tomato seeds already, do so this month to ensure plants mature early and produce fruit all through the summer.
- sweet peas and broad beans can be sown direct
- hardy annuals such as cornflowers, borage and poppies can be sown outside but don't enrich the ground as they favour poor soil
- deadhead daffodils
- prune Cornus and Salix for colourful winter stems next year
- cut Buddleia back hard
- plant summer flowering bulbs
- lift and divide herbaceous plants
- prune Forsythia after flowering
- plant bare root roses
- mulch weed free beds
- protect new growth from slugs and snails
- this is the last chance to prune Wisteria for the year.
Honeysuckle can be pruned back by a third removing the oldest stems.
Overgrown specimens can be cut hard back to the ground to rejuvenate

- chit potatoes and plant first earlys
- plant bare root strawberries
- sow salad crops under glass and herbs such as basil, dill, chives, parsley and coriander
- leeks, courgettes, peas and cucumber can be started under cover as can onion sets
- thin carrot seedlings in the evening to avoid damage from carrot fly.
- mow lawns when dry

If the weather is decent, ensure you make the most of it. We never know what April will bring.

Get out in the garden or allotment and feel the warmth of the sun as you take in the smell of spring.

There is lots to be done!

Sally Griffin



Surrey Stoolball Meeting

There is a Zoom meeting on 3/3/2021 at 7.30pm - all members are invited.

We have delayed making any fixtures until Lockdown is eased.

At the last meeting, the general consensus was not to play any league set games but play friendlies.

Hopefully we can have some of these this year and get back together as a team very soon.

Dot Thorp



Recycling for charity - can you help?



With more time on our hands maybe it is an opportunity to sort out unwanted items at home which could benefit someone else. Please read on to see how you could help!

Some of you will know that for several years we have collected clean plastic milk bottle tops for recycling in aid of The Springboard Project in Horsham. Springboard support disabled children, young people and their families. We used to have a collecting box in Capel Village Hall for bottle tops but as the hall has been out of use for several months we have not been able to access it. We are happy to take your bottle tops once it is safe and permissible to do so but if you can hold on to them for now we would be grateful!

We are also planning to organise a 'Bag 2 School' collection in aid of Holmwood and Capel Scout Group. If you have any of the following items to get rid of, please bear us in mind. As soon as we are allowed to do so we will arrange a date for collection. If you can store your items for now, we will gratefully take them off your hands in due course!

- Bag 2 School accept the following 'good quality' items for RE-USE*:
- Men's, Ladies' and Children's clothing
- Paired shoes (tied together or elastic band around)
- Handbags
- Hats
- Bags
- Scarves and ties
- Jewellery
- Lingerie
- Socks
- Belts
- Soft toys
- Household linen
- Household curtains
- Household towels
- Household bedding (bed sheets, pillow cases and duvet covers)

They DO NOT accept:

- Duvets and blankets
- Pillows and cushions
- Carpets, rugs and mats (including bath, shower and toilet mats)
- Soiled, painted, ripped or wet clothing
- School uniforms with and without logo
- Corporate clothing and workwear
- Textile off cuts, yarns or threaded material

Don't forget that there is a Terracycle bin outside The Crown for your foil lined crisp packets and a collecting box for used ink cartridges inside St John the Baptist Church, Capel.

We have discovered that Traidcraft Exchange will take any old or unwanted gold, silver, costume jewellery, watches and banknotes. They can be contacted at hello@traidcraft.org or 01914976445.

For more details please get in touch -
George and Norman Ede,
george@nightlesscopse.co.uk,
07973161684.



CAPEL ANNUAL PARISH MEETING

TO BE HELD MONDAY 8 MARCH 7:30pm - on ZOOM

JOIN THE ZOOM MEETING AND FIND OUT WHAT HAS BEEN ACHIEVED IN
YOUR AREA OVER THE PAST YEAR.

LOCAL GROUPS AND ORGANISATIONS ARE PARTICULARLY WELCOME.
TELL US ABOUT YOUR MEETINGS.

THIS COULD BE A CHANCE TO ATTRACT NEW MEMBERS.

COUNTY COUNCILLOR HELYN CLACK WILL BE JOINING US TO TALK ABOUT
YOUR FUND SURREY.

THIS IS A FUND COMMUNITITES CAN ACCESS TO DELIVER
MEANINGFUL IMPROVEMENTS LOCALLY SO YOUR

SUGGESTIONS ARE IMPORTANT

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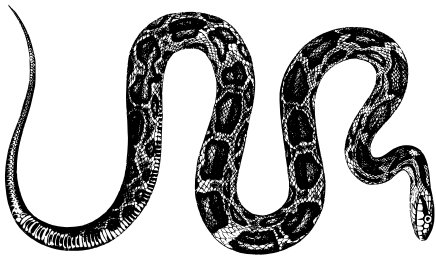
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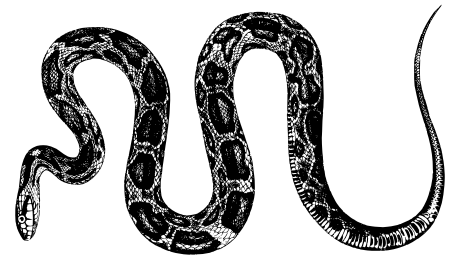
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Grass Snakes



My first contact with Grass snakes, was on a bike ride from Whitehill, (A hamlet midway between Petersfield and Farnham, set in miles of sandy scrub of heathers and gorse). I had a metal water tank in the garden, which I kept Slow Worms, frogs, toads and sand lizards, (which soon escaped), but saw no Grass snakes. I was 13, and my Dad and I used to cycle the 12 or so miles for a swim in Frenchham Pond on Sundays. It was very rural and we rarely saw a car, which were far fewer in the 1950's. One Sunday on our return, was a huge 1 1/2 metre, 10 cm. wide female Grass snake. I grabbed it and put it in our zip bag with our swim gear. Dad carried it, but free wheeling down a steep hill, it got out and almost went through the spokes. Re-secured, got home and told my Mum that we had a surprise for her. Often we'd bring strawberries. Zip open, the snake shot up 1/2 metre. Luckily Mum was not of a nervous nature! Put into my water tank, it didn't stay over-night!

I didn't find another until 12 year's later, on my Geological degree thesis, mapping the Woolhope inlier in Herefordshire. Crossing a field of cows, I found one confronting a Grass snake, which was reared up hissing, and using it's other defence weapon, releasing a stinking fluid from it's cloaca. The cow was head down, peering at the snake.

Next was years later in Capel. John Morgan, then living opposite the village hall, spent two hours watching a full size female snake trying to swallow one of his largest goldfish. The fish was stuck half in, half out and far wider than the snake. They seem to feed mainly in water. They had most of my (smaller) goldfish, and I presume they take newts and frogs.

Most years I find batches of 10 - 15 empty snake eggs when I dig out my rough compost heaps by the church wall. Small 15 - 20 cm snakes often hide under the corrugated iron sheets I leave out for the slow worms etc. One Christmas, digging up a Christmas tree also used the previous year, I found 4 baby snakes in the loose soil, already yellow collared.

The males are much much smaller. They don't have a penis, but their sack like cloaca can invert to release semen into the cloaca of the female.

Colin Grundy

The Path Round The Park



The path round the Rec.
Is a Godsend.

A place to pop out for a sec
Or to meet up with "one" dear
friend.

Start by the cricket pavilion.
Past the square and the crease.
Where runs have been made by the
million
In Summer matches never cease

On to the composting corner
A bench marks the Jubilee
All manner of flora and fauna
Grow under the Oakapple tree

Round by the Old Cottage Hospital
Past teasel corner and bin
It used to be diabolical
When the mud came up to your chin

Past gardens so proper and prim
Where borders are dug and tidy
Your chance to emulate would be
quite slim
And gardeners come on a Friday.

Past the bridge over the stream
To the stables and Vicarage Lane
Where the oak and the ash trees
lean
And football's the preferred game

On past the gym and the MUGA
Where boys roller skate and play
And some nasty little bugger shouts
"Mister get outa my way"

Past the Tennis Club, silent in
lockdown
To the allotments where vegetables
are growing
Far from noise of city or town
Fruit flowers and the grass that
needs mowing

Nearly to the playground
With roundabout, seesaw and slide
Small children are out playing
As on the swings they glide

It really goes without saying
How this path as enriched all our
lives

Past the Boules Piste
Where elderly folk sit on a cool
summers night
When the daytime noise has ceased
And teenagers give us a fright

Smoking their 'spliffs' on the seat
And playing on their mobile phones
With their friends they like to meet
Far away from their parents and
homes

The path through the park
Is where neighbours walk
And where joggers run
It's where fluffy dogs have a good
bark
And everyone has lots of fun



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Beare Green District Councillor	Caroline Salmon - 07712 932 630 councillor.salmon@molevalley.gov.uk
Beare Green Parish Councillors	Dave Cox 01306 712002 Ken Salter 01306 712014 Lisa Ryan
Bowls Club, Newdigate	Ameera Garga - 07760 659 612
Bridge Club, Beare Green	Dina 01306 712925
Camera Club, Capel	Liz Woodham 01306 711003
Capel Assist	07593 714 513
Capel Lunches	Sally Wyborn 01306 711575
Capel Pre-School	Tracy Norton & Judy Heberd 01306 712717 wonderfulcapelpreschool@gmail.com
Choral, Capel	Rosemary Goddard 01306 711259
Choral, Beare Green & Newdigate	George Brind 01306 63115
Capel Cricket Club	David Jacques 07850 726 500
Capel Evergreens	Pat Morgan 01306 713214 patmorgan.morgan53@gmail.com
Capel Parish Council	Clerk: Janet Russell 01306 712447 Chairman: Chris Ball 01306 710390 www.capel-pc.gov.uk
Capel Parish Councillors	Paula Dale 01306 713604 Paul Garber 01306 711015 Mandy Schryver 01306 711292 Ben Ashwood 01306 713127
Coldharbour Councillors	Stuart McLaughlin 01306 712009
District Councillor for Capel, Leigh & Newdigate	Lesley Bushnell 01306 711275 councillor.bushnell@molevalley.gov.uk Mary Huggins 01306 712303 councillor.huggins@molevalley.gov.uk
Doctors' Surgeries	Capel 01306 711105 Holmwood 01306 889242
Flix in the Stix, Capel	Chris Coke 01306 711098
Football Club	Chris Anderson 01306 71100
Youth Football Team	enquiries.capelcometsyfc@gmail.com
Guides, Brownies & Scouts	capel.rainbows@btinternet.com capelbrownies@gmail.com capelguides@outlook.com
Holmwood & Capel Beavers, Cubs & Scouts	Alexandra Fairbrother, 07384 451317, gsl24dorking@gmail.com
Horticultural Society, Capel	David Silliman 01306 712831
Local History Group, Capel	Mary Day 01306 712957

Men's Group, Capel	Phil Partridge 07813 829 326 philip_partridge@btinternet.com
Merebank Over 60's Club, Beare Green	Lilian Buckley 01306 712593
Police	Call 101 or 01483 571212 Unless it's urgent then 999 or report online at www.surrey.police.uk
Quaker (Friends) Meeting House Capel	Audrey Garnett 01403 260077
Royal British Legion (Dorking & District)	Ian Moon 07982 811 592 Richard Orme 01306 875058
Scott-Broadwood C of E First School, Capel	01306 711181
St John the Baptist Church, Capel & St Margaret's Church, Ockley	Vicar - Rev Liz Richardson 01306 711260
Church Wardens	Norman Ede 01306 713247 Joy Harman 01306 711482 Bellringers - Jon Dale - 01306 711243 Choir - Anthea Smallwood 01306 711883
St John's Group of Artists	yvonne@15ddv.me.uk
St Catherine's Hospice Support Group, Capel	Janet Stenson 01306 713319
Stooball Club, Beare Green	Dot Thorp 01306 712788
Tennis Club, Capel	Lynette Von Kaufman 01306 632857
Village Halls	Capel - Jane Major - 01306 711170 oldjoinery@gmail.com Beare Green - Joan Wigham - 07826 340 143
Walking Groups	Swallows - David Silliman - 01306 712831 david_silliman@yahoo.com Dog Free Strolling for softies Sally Wyborn - 01306 711575 Walk for health S Jennings stephaniejenningschristensen@gmail.com
Weald C of E Primary School Beare Green	Mrs Stevenson 01306 711719
W.I - Capel	Frances Collins 07775340409
Young Farmers	Colin Smith 01273 494528

If you would like your Organisation listed
here, please contact us on:
capeleditor@gmail.com



Keeping Capel Quizzing

Quiz Mistress Corinne

	7			2			4	6	
	6						8	9	
2			8				7	1	5
	8	4		9	7				
7	1							5	9
			1	3			4	8	
6	9	7			2				8
	5	8						6	
4	3			8				7	

L	F	L	O	W	E	R	B
A	N	U	N	M	S	W	X
M	E	W	A	D	M	S	Q
B	T	Z	E	Q	C	P	Q
X	B	U	D	E	Q	R	R
Q	Z	U	B	G	Y	I	A
Z	A	C	L	G	Z	N	I
B	I	R	D	Q	J	G	N

Word to find:

- | | | |
|------|--------|--------|
| BIRD | FLOWER | RAIN |
| BUD | LAMB | SPRING |
| EGG | NET | |



Q1 : What does the word posthumous mean?

Q2: A Leveret is a baby what?

Q3: What is the name of the coffee shop in the sitcom Friends?

Q4: Where would you find the Sea of Tranquility?

Q5: Who invented the iconic Little Black Dress?

Q6: Which UK City does the famous Graffiti artist, Banksy, come from?

- Q1 After death
- Q2 Hare
- Q3 Central Perk
- Q4 On the moon
- Q5 Coco Chanel
- Q6 Bristol



YOUR PHOTOS



***What a truly beautiful place we live.
Lisa Glenwright***



The Crown's pond looking very calm and soothing!



98 The Street, Capel, Surrey,
RH5 5JY,
01306 713250
gladys@thecrowncapel.co.uk



Can you believe we are in March already!
Another few months till my big birthday :) I'm dreaming of
balloons already.

Happy Spring - here's to warmer weather and longer
evenings

For more details on our upcoming events, please visit our
website or check out our Facebook.



Ho's Asian
Kitchen
Sundays
outside The
Crown
5pm - 9pm



The Crown Capel



thecrowncapel.co.uk

Puppy Kisses
Gladys Cooper Bullydog

